

On the Rebound

RELEASED:

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MUSIC: On the Rebound, Instrumental Moods track 20, artist Floyd Cramer, RCA/BMG Music.
RHYTHM: Twostep **TIME @ BPM:** 2:07@
PHASE (+): II + I (Fishtail)
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO, A, A, B, A, C, B, D, A, END**

MEAS.

INTRODUCTION

1 - 4 **OP/fc DLW** **wait;; Apt,-, pt,-; pu to CP/LOD, tch,-;**
1 - 2 In OP fcg wait 2 meas;;
3 - 4 step apt L,-, pt. R,-, step tog R pu W to CP/LOD, tch L,-;

Part A

1 - 4 **CP/LOD** **2 fwd 2steps;; Prog Scis SCAR & BJO, ck;;** 1
- 2 in CP/lod fwd L,cl R, fwd L,-; fwd R, cl L, fwd R,-;
3 - 4 Prog LOD sd L, cl R, XLIF (W XRIB),-; sd R,cl L, XRIF (W XLIB) to
BJO/lod checking fwd motion,-;
5 - 8 **BJO** **Fshlt; wlk,-, & fc Wall,-; 2 Rtrns to LOD;;**
5 In BJO fcg LOD XLIB (W XRIF), sd R, fwd L, lock R;
6 fwd L,-, trng to face ptrn on R to CP/Wall,-;
7 - 8 sd L, cl R, turn RF on L,-; sd R, cl L, turn RF on R to LOD,-;

REPEAT PART A TO CP/WALL

Part B

1 - 4 **CP/W** **TravBox;;;;**
1 - 2 In CP/Wall sd L,cl R, fwd L,-; blend to RSCP fwd RLOD R,-, fwd L,-;
3 - 4 In CP/Wall sd RLOD R, cl L, bk R,-; in SCP/lod fwd L,-, fwd R,-;
5 - 8 **BFLY** **Fc-fc; Bk-bk; Slo op vin;; (PU)**
5 - 6 In BFLY sd L twd LOD, cl R, turn to bk-to-bk on L,-; sd LOD R, cl L,
turn to OP on R,-;
7 - 8 Sd L,-, XRIB Rlod,-; sd L,-, XRIF lod,-; (Pickup)

REPEAT PART A TO BFLY/WALL

Part C

- 1 – 4 BFLY** **Vin 3,tch; wrp; unwrp; chg sd BFLY-C;**
 1 -2 In BFLY/Wall sd L, XRIB, sd L, tch R; sd R RLOD, XLIB, sd R, tch L
 (W turns LF L,R,L, tch R)wrapping M's L& W's R hands over W's head;
 3 – 4 release M's L & W's R hands unwrap L,R,L, tch R (W unwrap RF);
 Change sides fwd R trng RF to BFLY/COH (W fwd under joined hands)
 L, R, tch L;
- 5 – 8 BFLY/C** **Repeat Meas 1 – 4 to OP/LOD**
9 – 12 OP **Circ awy 2 twosteps;; Strut 4;;**
 1 -2 Circle away fwd L, cl R, fwd L,-; fwd R, cl L, fwd R, -;
 3 – 4 Strut tog L,-,R,-; L,-, R to SCP ,-;
- 13 – 16 SCP** **Lc acrs; fwd ts; Lce bck; fwd ts;**
 13 – 16 fwd L,cl R, fwd L,- (as W prog under joined lead hnds) (M L – W R)
 to LOP LOD;
 LOD fwd R, cl L, fwd R,-;
 Change hnds & fwd L, cl R, fwd L,- (as W prog under trail hands)
 to end in OP LOD;
 in OP fwd LOD R, cl L, fwd R,- blend to CP Wall;

REPEAT PART B TO SCP**Part D**

- 1 – 4 SCP** **2 fwd 2steps;; Scis thru twice;;**
 1 – 2 in SCP/lod 2 fwd twosteps L,R,L,-; R,L,R,- to end in CP/Wall;
 3 step sd LOD on L, cl R, XLIF (W XRIF) twd RLOD,-;
 4 Step sw RLOD on R, cl L, XRIF (W XLIF),- to end in CP/Wall;
- 5 – 8 CP/Wall** **2 trn 2steps;; qk vine 4; wlk & pu;**
 5 – 6 sd L, cl R, turn RF on L,-; sd R, cl L, turn RF on R to BFLY/Wall:
 7 – 8 sd LOD L, XRIB, sd L, XRIF trng LF to OP LOD;
 Fwd LOD L,-, fwd R Picking W up to CP LOD, -;

REPEAT PART A TO SCP**ENDING**

- 1 – 2 SCP** **Twrl,-, 2 to OP/fc,-; apt,-, pt,-;**
 1 – 2 fwd L,-, R,- (W twirl RF R,-, L,-) to OP/fc; Apt L,-, point R,-;