

Lady Lay Down

Choreo: Casey & Sharon Parker, 11168 Loduca Dr, Manteca, Ca. 95336 **email:** trustme@pacbell.net
Music: CD Start Dancing, Track 1, "Lady Lay Down", download itunes
Artist: Ballroom Orchestra & Singers (3:24) **Speed:** 104% (speed to suit)
Footwork: Opposite, Unless noted [W's footwork in parenthesis]
Rhythm: Waltz **Phase:** II+1 [Box Fin] **Difficulty:** Average
Sequence: Intro – A – B – Int – A – B – B – End **Released:** Feb 2014

Rev. 1.1

Intro

1 – 4 BFLY WALL Wait 2 meas;; Twirl Vine 3; Pickup LOD;

1-4 BFLY WALL Wait 2 meas lead ft free;; **{Twirl Vine}** Sd L leading W to trn RF under jnd lead hnds, XRIBL, Sd L (Sd & Fwd R trng RF under jnd lead hnds, Sd & Bk L cont trn, Sd R to fc ptr); **{Pickup}** Thru R leading W to pickup, Sd L, CI R CP LOD;

Part A

1 – 8 CP LOD 2 Fwd Waltz;; 2 LF Trns CP WALL;; Box;; Dip COH; Manuv;

1-4 **{2 Fwd Waltz}** Fwd L, Fwd R, CI L; Fwd R, Fwd L, CI R; **{2 LF Trns}** Fwd L begin LF trn, Sd R cont trn, CI L; Bk R cont LF trn, Sd L, CI R CP WALL;

5-8 **{Box}** Fwd L, Sd R, CI L; Bk R, Sd L, CI R; **{Manuv}** Dip Bk L twd COH, -, -; **{Manuv}** Rec Fwd R trng RF, Sd L cont trn to fc RLOD, CI R CP RLOD;

9 – 17 2 RT Trns CP WALL;; Canter twice;; Twirl Vine 3; Thru Fc CI BFLY; Balance L & R;; Canter Once;

9-12 **{2 RF Trns}** Bk L begin RF trn, Sd R cont trn, CI L; Fwd R cont RF trn, Sd L, CI R CP WALL; **{Canter twice}** Sd L, Draw R to L, CI R; Sd L, Draw R to L, CI R;

13-17 **{Twirl Vine}** Sd L, leading W to trn RF under jnd lead hnds XRIBL, Sd L; **{Thru Fc CI}** Thru R trng to fc ptr, Sd L, CI R BFLY WALL; **{Balance L & R}** Sd L, XRIBL (XLIBR), Rec L; Sd R, XLIBR (XRIBL), Rec R; **{Canter once}** Sd L, Draw R to L, CI R;

Part B

1 – 4 BFLY WALL Waltz Away; Wrap the Lady; Fwd Waltz; Lady Roll Across LOP LOD;

1-4 **{Waltz Away}** Sd & Fwd L trng LF (RF) bringing trail hnds thru to OP LOD, Sd R, CI L; **{Wrap Lady}** Sd & Fwd R trng to fc LOD bringing trail hnds bk & begin lady wrap, Fwd L, CI R (Sd & Fwd L trng LF to wrap into M's R arm, Sd & Bk R, CI L); **{Fwd Waltz}** wrapped pos fcg LOD Fwd L, Fwd R, CI L; **{Lady Roll Across}** Fwd R releasing trail hnds lead W to roll across in front of M twd COH, Fwd L, CI R LOP LOD (Fwd L rolling across in front of M, Sd & Bk R cont roll, CI L LOP LOD);

5 – 8 Twinkle [Thru]; Thru Fc CIs BFLY COH; Twirl Vine 3; Pickup CP RLOD;

5-8 **{Twinkle}** Thru L trng LF (RF), Sd R cont trn, CI L to OP RLOD; **{Thru Fc CIs}** Thru R twd RLOD, trng to fc ptr Sd L, CIs R BFLY COH; **{Twirl Vine}** Sd L leading W to trn RF under jnd lead hnds, XRIBL, Sd L (Sd & Fwd R trng RF under jnd lead hnds, Sd & Bk L cont trn, Sd R to fc ptr); **{Pickup}** Fwd R leading W to pickup, Sd L CP RLOD, CI R;

9 – 14 Fwd Tch; Box Fin CP WALL; Solo Trn to BFLY;; Canter twice;;

9-12 **{Fwd Tch}** Fwd L, Tch R, -; **{Box Fin}** Bk R trng LF, Sd L to CP WALL, CI R; **{Solo Trn}** releasing lead hnds Sd & Fwd L trng LF (RF), cont solo RF trn Sd & Bk R, CI L; Bk R cont solo LF (RF) trn, Sd L cont trn to fc ptr, CI R BFLY WALL ;

13-14 **{Canter twice}** Sd L, Draw R to L, CI R; Sd L, Draw R to L, CI R;

Interlude

1 – 4 Box;; Twirl Vine 3; Pickup;

1-4 **{Box}** BFLY WALL Fwd L, Sd R, CI L; Bk R, Sd L, CI R; **{Twirl Vine}** Sd L leading W to trn RF under jnd lead hnds, XRIBL, Sd L (Sd & Fwd R trng RF under jnd lead hnds, Sd & Bk L cont trn, Sd R to fc ptr); **{Pickup}** Thru R leading W to pickup, Sd L, CI R CP LOD ;

Ending

1 – 8 Waltz Away & Tog;; Canter twice;; Waltz Away & Tog;; Canter twice;;

1-4 **{Waltz Away & Tog}** Sd & Fwd L trng LF (RF) bringing trail hnds thru to OP LOD, Sd R, CI L; Sd & Fwd R trng RF (LF), Sd L cont trn to fc ptr, CI R BFLY WALL; **{Canter twice}** Sd L, Draw R to L, CI R; Sd L, Draw R to L, CI R;

5-8 **{Waltz Away & Tog}** Sd & Fwd L trng LF (RF) bringing trail hnds thru to OP LOD, Sd R, CI L; Sd & Fwd R trng RF (LF), Sd L cont trn to fc ptr, CI R BFLY WALL; **{Canter twice}** Sd L, Draw R to L, CI R; Sd L, Draw R to L, CI R;

9 – 13 Solo Trn CP WALL;; Box;; Dip Bk & Hold;

9-13 **{Solo Trn}** releasing lead hnds Sd & Fwd L trng LF (RF), cont solo RF trn Sd & Bk R; Cl L; Bk R cont solo LF (RF) trn, Sd L cont trn to fc ptr, Cl R CP WALL; **{Box}** Fwd L, Sd R, Cl L; Bk R, Sd L, Cl R; **{Dip Bk}** Dip Bk L, -, - ;

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Part B

1 – 4 BFLY WALL Waltz Away; Wrap the Lady; Fwd Waltz; Lady Roll Across LOP LOD;

5 – 8 Twinkle [Thru]; Thru Fc Cls BFLY COH; Twirl Vine; Pickup CP RLOD;

9 – 14 Fwd Tch; Box Fin CP WALL; Solo Trn to BFLY;; Canter twice;;

Interlude

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